

Round London cycle circuit

9: Hadley Wood to Enfield Lock

Distance: 9.28 miles (14.65 to start, 8.63 from finish)

Introduction

This section joins an extension of the Pymmes Brook Trail to the River Lea. Most of it is along NCR12, but NCR12 has a gap. Until this gap is remedied one needs to cover a half mile on a busy road on the edge of Trent Park.

Directions

Start at the entrance to Hadley Wood station, and cross over the railway line.

Take the second left, which is Lancaster Avenue.

At the end (which is where this stretch of NCR12 currently ends), turn right.

Turn left at the second mini-roundabout.

After a climb the road starts to descend. When you see an obelisk on the right, take the second of two turnings on the left onto a cycle track. This is where NCR12 resumes.

Follow the cycle for a considerable distance. It descends into a valley, turns right along the valley bottom, turns left and climbs out of the valley, then turns right alongside a main road.

Go over a stile (why is there a stile on a designated cycle track?), cross the main road, and carry on through a gate opposite along the cycle track.

At the end, after another gate, turn left onto a farm track.

Follow the track, right round the farm buildings, left over Turkey Brook, under the railway line, and right at the T junction.

Keep straight on along the road.

Turn right opposite the church.

After the footbridge, bear left alongside Turkey Brook.

Follow the path alongside Turkey Brook all the way to the park's exit

Cross the road, and carry on along the path opposite.

Bear right at the fork.

At the junction, where you reach the old course of the New River, take the middle path.

Then keep on the main path, with Turkey Brook on your left, all the way to the park's exit.

Cross the road, and carry on along the path opposite.

Cross the New River (which is underground at this point).

At the A10, turn right, go through the subway, and then turn left alongside the A10.

Turn right immediately after the crematorium.

After going under the railway, turn right.

Then turn left along Longfield Avenue.

Cross the main road into the park opposite.

At the T junction, after the school on your right, turn left.

Take the next turning right.

Keep left at the next fork, and then straight ahead.

Cross over the railway line, and then carry on along the other side of Turkey Brook.

Cross two more roads, the second by means of a footbridge.

When you reach the River Lea at Enfield Lock, cross over it, and follow the road round to the right.

This section ends at the entrance to the carpark on the right. To carry on to the next section, turn left down the path alongside another branch of the river.